



Massage for the Chemotherapy Infusion Patient©-Peoria, IL

A four day, in-depth internship for massage therapists at Illinois Cancer Care, one of the largest, private oncology and hematology practices in the U.S.

Course Description This course gives massage therapists an in-depth, hands-on experience in a clinical setting with patients receiving treatment in a chemotherapy infusion unit. Therapists will work with a variety of patients—hematology and oncology as well as those in need of transfusions or hydration. There will be 28 contact hours with the massage staff that includes instruction and supervision.

At the end of this course, participants will be able to:

- List the benefits of massage for those receiving chemotherapy treatment
- List the massage adaptations necessary for people undergoing chemotherapy
- Employ standard precautions in a medical setting
- Communicate professionally with health care staff
- Work around infusion unit furniture and medical devices
- Give comfort-oriented massage to patients undergoing chemotherapy, hydration, and transfusions

Prerequisites:

- Massage for People Living with Cancer within the last 18-24 months
- Approval of instructor
- State licensure
- Liability insurance

Required reading and assignments:

**Medicine Hands: Massage Therapy for People with Cancer, 3rd Ed. Chapters 3-13.*

*Pre-class on-line quizzes

Class Outline

Day 1: All day classroom review of selected “Medicine Hands” text. Key concepts will include:

- Adjustments for chemotherapy, surgery and radiation
- Pressure Scale
- Major alerts
- Boundaries/ HIPAA
- Infection Control
- Tour of facility

Day 2: Classroom and infusion units-1/2 day each. Additional topics:

- Intake/Documentation
- Gloving
- Hand Foot Syndrome
- Case Studies

Day 3: All day—supervised, hands-on work--infusion units

Day 4: All day—supervised, hands-on work--infusion units

For additional information contact: Mary Peifer @ bodykneadsllc@gmail.com or 309-219-1790